

Kitchen Bingo

Take a look through your kitchen to find foods to complete your very own Bingo board. Each column represents one of our 5 food groups. Can you fill them in with the food from your kitchen? Have a sibling or a parent call out items they find throughout the kitchen. The first one to get 5 in any line gets BINGO!

Fruits

Dairy

Grains

Protein

Veggies
